

From: Josiah Holland <[REDACTED]>
Sent: 9/20/2020 10:31:48 PM
To: Lamont Lester <[REDACTED]>
Subject: RE: Listening Circles

I'll give you a ring tomorrow! Let me know when the Y wants to do a circle!
Josiah

From: Lamont Lester <[REDACTED]>
Sent: Thursday, September 17, 2020 5:17 PM
To: Josiah Holland <[REDACTED]>
Subject: Listening Circles

WARNING: EXTERNAL EMAIL - Do not click on links or attachments unless you trust the sender and know the content is safe.

Good Evening,

I just wanted to touch base and follow up from our time on this past weekend. We thoroughly enjoyed the Listening Circles, and I wanted to follow up to hear your thoughts as well as to ask a couple of more questions. Give me a call at your earliest convenience. Hope all is well and thank you for sharing your time with the Harmony family.

Sincerely

Lamont Lester
Program Director
WILLIAMSON COUNTY Y-CAP
YMCA OF MIDDLE TENNESSEE
[REDACTED]
P [REDACTED] [REDACTED] **F** [REDACTED]
E [REDACTED] **W** ymcamidn.org

Our Mission: A worldwide charitable fellowship united by a common loyalty to Jesus Christ for the purpose of helping people grow in spirit, mind and body.

From: Josiah Holland <[REDACTED]>
Sent: 9/20/2020 10:31:19 PM
To: Zannie Martin <[REDACTED]>
Subject: FW: IIRP New Event: Facilitating Listening Circles

Attachments: [image003.png](#)

From: Kelsey Hindley <[REDACTED]>
Sent: Monday, September 14, 2020 5:39 PM
To: Josiah Holland <[REDACTED]>
Subject: IIRP New Event: Facilitating Listening Circles

WARNING: EXTERNAL EMAIL - Do not click on links or attachments unless you trust the sender and know the content is safe.

Hello Josiah,

I am excited to share with you a new training we have titled "Facilitating Listening Circles." I wanted to personally reach out to you as you were previously registered for an event with us around a similar topic and I thought this new event might be of interest to you.

Listening circles emphasize storytelling for cultivating empathy. To help people gain a shared sense of understanding and emotional connection, these circles can be used in communities, workplaces, schools, organizations, neighborhoods, universities and families.

We currently have three sessions to choose from. The learning outcomes are the same for each event, with the circle topic differing to highlight the range of when a listening circle can be used.

- Facilitating Listening Circles (Circle Topic: COVID-19)
Live Zoom Sessions: September 30, 12:30-5:00 PM & October 14, 12:30-3:00 PM Eastern
- Facilitating Listening Circles (Circle Topic: Racism)
Live Zoom Sessions: October 26, 12:30-5:00 PM Eastern (US & Canada) / GMT -4 & November 9, 12:30-3:00 PM Eastern
- Facilitating Listening Circles (Circle Topic: U.S. Election)
Live Zoom Sessions: November 18, 12:30-5:00 PM & December 2, 12:30-3:00 PM Eastern

If you are interested in one of these events, you can register through our [website](#) using a credit card or if you are using a purchase order, please feel free to contact me to support you through registration.

Kind regards,

Kelsey Hindley

Kelsey Hindley
Student Services Specialist

[REDACTED]
<http://www.iirp.edu>
[Schedule a call with me](#)

[Support Impact Scholarships!](#)



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